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New Picture Book Series Helps Young Children Understand Their Emotions

Minneapolis, MN—Our Emotions and Behavior, a new picture book series from Free Spirit Publishing, will help young children recognize and understand their feelings, their actions, and how they are connected. Our Emotions and Behavior includes the titles **BUT WHY CAN'T I?; I'M NOT HAPPY; NOT FAIR, WON'T SHARE;** and **WHO FEELS SCARED?**

The series was written to help children ages 4 to 8 understand how their emotions and actions are related—and how they can learn to manage both. Each book deals with a situation familiar to children and the emotions that accompany it.

In **BUT WHY CAN'T I?**, Noah thinks rules are silly, until his babysitter, Jenny, explains that she has to follow rules as well—like showing up to work on time. In **NOT FAIR, WON'T SHARE**, Nora won't take turns with Dan and Henry in the school Space Station. They all get mad. Their teacher, Miss Clover, gets mad, too. After everyone takes time to cool down, the kids try sharing and learn that being fair can be fun.

In **I'M NOT HAPPY**, Ben's friends are upset. Amir has broken his truck, Mike has taken Tim's soccer ball, and Molly has lost her dog. Even Ben is not happy to be wearing the itchy sweater his grandma gave him, but in spite of that, he decides to cheer up his friends. **WHO FEELS SCARED?** finds Kevin and Ravi having a scary sleepover at Jack's house. They hear lion and tiger noises in the bedroom and monster noises in the closet. Jack's dad helps them see that everyone gets scared sometimes, including Gus the dog, who is afraid of fireworks. The children discover that they can cope with their fears and be brave.

The Our Emotions and Behavior series has been developed to provide a starting point for further discussion about children's feelings and behavior. At the end of each book, a two-page series of pictures invites kids to tell a story in their own words. A special section for adults suggests discussion questions and ideas for guiding children to talk about their feelings.

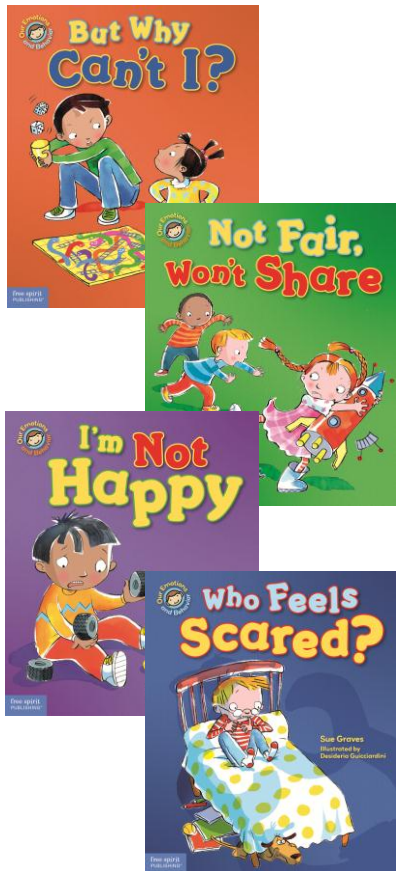
Free Spirit acquired the North American rights to the Our Emotions and Behavior series from Franklin Watts, a division of Hachette Children's Books, in London. Originally published in the United Kingdom, the books were written by British author Sue Graves and illustrated by Desideria Guicciardini of Milan, Italy.

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OUR EMOTIONS AND BEHAVIOR SERIES

by Sue Graves

illustrated by Desideria
Guicciardini



BUT WHY CAN'T I?

ISBN 978-1-57542-376-0

I'M NOT HAPPY

ISBN 978-1-57542-373-9

NOT FAIR, WON'T SHARE

ISBN 978-1-57542-375-3

WHO FEELS SCARED?

ISBN 978-1-57542-374-6

\$12.99 ● Hardcover ● 32 pp. ● color illust. ● 7¾" x 9½" ● for ages 4–8

About the author

Sue Graves is a former teacher and a published author. She writes fiction and nonfiction for children from preschool to high school. Sue is married and has four children and two grandchildren. She loves playing golf, painting watercolors, and walking in the countryside around her home in England.

About the illustrator

Desideria Guicciardini was born in Florence, Italy, in 1954. She illustrated her first children's book in 1977 and likes illustrating stories set in the past or in fantastic make-believe worlds. Her favorite color is blue. She lives in Milan, Italy, with her husband and two sons.



About Free Spirit Publishing (www.freespirit.com)

Meeting kids' social, emotional, and educational needs since 1983

Headquartered in Minneapolis, Minnesota, Free Spirit is the leading publisher of learning tools that support young people's social-emotional health and their educational needs. Free Spirit's mission is to help children and teens think for themselves, succeed in life, and make a difference in the world.