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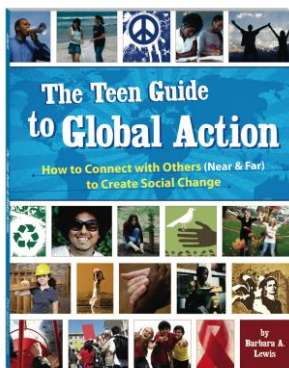
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## Encourage teens to make a difference at home and globally

For  
Immediate  
Release!

Two California teens embarked on a joint effort of fundraising and education in their community when stories and images of genocide in Darfur made headlines...After losing his father to a fatal shooting in Colombia, a 13-year-old boy made it his mission to campaign against the war that was killing Colombia's men, women, and children...All over the globe, young people are making significant, tangible, and positive changes by taking action. Now, these stories and dozens more are collected in one book that will inspire readers and provide them with practical tools they can use to take action themselves.

**THE TEEN GUIDE TO GLOBAL ACTION: HOW TO CONNECT WITH OTHERS (NEAR & FAR) TO CREATE SOCIAL CHANGE** (Free Spirit Publishing, \$12.95) by Barbara A. Lewis introduces kids like Virginian Zach Hunter, recently named a "CNN Hero," who started Loose Change to Loosen Chains, an organization dedicated to ending modern-day slavery. Zuhra Bahman began an organization in her native Afghanistan, which gives girls and women more education opportunities. And Ilona Seure, upon returning from a service project in Vijayawade, India, became focused on helping youth who are homeless in her native Amsterdam. All of these youths are part of a growing global youth movement, and alongside their powerful stories are hundreds of service and social action opportunities teen readers can use to make a difference in any town, city, or country in the world.



**THE TEEN GUIDE TO  
GLOBAL ACTION:  
HOW TO CONNECT WITH  
OTHERS (NEAR & FAR)  
TO CREATE SOCIAL CHANGE**

by

Barbara A. Lewis

Lewis, a former public school teacher and author of the groundbreaking book **THE KID'S GUIDE TO SOCIAL ACTION**, guided her own students to make an impact in their community. She knows many people are working for social causes, but much injustice remains in the world—which is where today's young people come into the picture. She explains, "At a time when more people than ever before are speaking out and stepping up to remedy injustices at home and abroad, I have created an easy-to-use guide for adolescents that makes planning and accomplishing social action an attainable goal."

**THE TEEN GUIDE TO GLOBAL ACTION** is divided into three clearly defined sections to help budding activists define their goals and approach their projects with clarity. Each section includes inspiring stories of young people making positive changes today and stories of young heroes from the past whose efforts led to significant social change. Sections include:

**4 Steps to Global Action:** This section provides background information on service and social action opportunities and tools teens can use to choose their cause, research issues, and plan projects.

**Connecting with Others:** Here teens discover helpful suggestions for finding and joining groups of young people who have similar service goals. There are also steps readers can take to form their own organizations.

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Issues: The rest of the book outlines seven areas in which youth can make an impact, including Human Rights, Hunger and Homelessness, Health and Safety, Education, Environment and Conservation, Youth Representation, and Peace and Friendship. For each of these issues, service ideas for school or neighborhood actions and larger world contributions are provided.

Lewis knows what teens are capable of when they are empowered to make changes in the world, and through this book she invites young people to get involved in making the world a better place: “We live in an amazing world. It’s an awe-inspiring planet full of diverse people—a place that provides for us all. It’s also a place that needs to be watched over, its people and resources protected. Whether it’s preserving the environment, promoting public safety, or ensuring equal opportunity, I encourage you to find your place to contribute.”

**The Teen Guide to Global Action:  
How to Connect with Others (Near & Far) to Create Social Change**

by Barbara A. Lewis

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• for ages 12 & up



**About the Author**

Author and former public school teacher Barbara A. Lewis has won over 25 awards and recognitions for excellence in writing, teaching, and leading youth in service projects and social action. She and her students were recognized for their service efforts by President Clinton and have been featured in many national magazines and newspapers, in *The Congressional Record*, and on national television. Barbara’s books include **What Do You Stand For? The Kid’s Guide to Service Projects**, **The Kid’s Guide to Social Action**, and **Kids with Courage**.



**About Free Spirit Publishing ([www.freespirit.com](http://www.freespirit.com))  
Meeting kids’ social & emotional needs since 1983**

Headquartered in Minneapolis, Minnesota, Free Spirit is the leading publisher of learning tools that support young people’s social and emotional health. Free Spirit’s mission is to help children and teens think for themselves, succeed in life, and make a difference in the world.