

JANUARY Bullying

- Empathy
- Respecting Others
- Bullying
- Teasing

In a world where conflict, bullying, and disrespect for others have a daily presence, the ability to empathize is vital. Children who lack the skills of empathy and compassion appear to have difficulty with impulse control, which leads to conflict. A disagreement, an unkind comment, or an accidental push can quickly result in a major confrontation. With the appropriate skills, the magnitude of negative conflicts can be reduced. Children will learn to care if we make time to model empathy.

SAFE & CARING WORDS

Bully	Tease
Bossy	Brave
Different	Same

MONTHLY OBJECTIVES

Students will:

- better understand accepting people because of what they have on the inside
- practice empathetic skills
- learn about the importance of compassion and kindness

TEACHING TIPS

- In daily interaction with students, we often say, "Yes, I am listening," yet children complain that we do not really hear what they are trying to tell us.
- We need to listen not only with our ears but also with our hearts. When we listen with our hearts, we are better able to understand the subtle yet important messages children are trying to give us.
- We want to be proactive and anticipate potential negative conflict, which disrupts teaching and students' ability to learn.
- Recognize children for supporting one another in positive ways.
- Model using words and phrases that show empathy.
- Reinforce positive behavior of dealing with conflict.