

My Story

Name: _____

Pretend you are writing a book about your life.

1. The title of the story of my life is
2. The heroes in my story (people who have helped me) are
3. The “bad characters” in my story (children, peers, adults who hurt me or were not nice to me) are
4. The adults I have most appreciated are
5. The turning points (when things changed a lot) are
6. The most dramatic times (lots of emotion, big things happening) are
7. The most clear memories I have are
8. Blank times (no memory, hardly any memory) are

(continued)

My Story (continued)

9. I would like to reward my heroes with

10. I would like to punish my bad characters by

11. The person who has understood me the best is

12. The person who has been my best friend is

13. The best neighbor my family has had is

14. The person who helped me feel better when I was sad is

15. The person who gave me good advice and helped me grow up is