

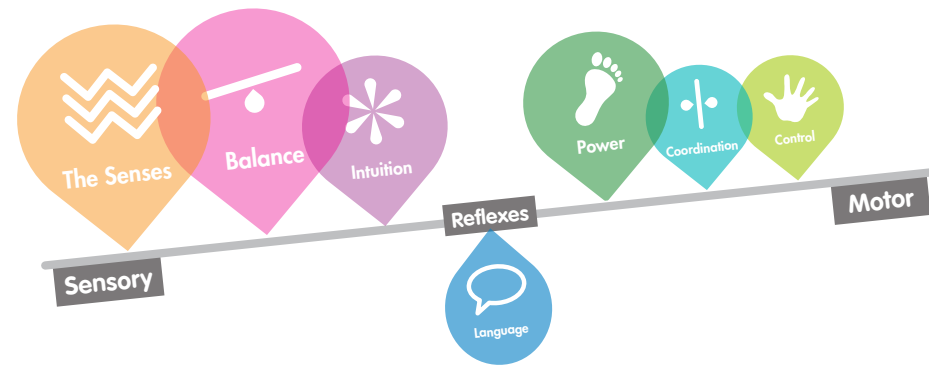
# The Kinetic Scale Stage by Stage



## Snugglers

Birth to rolling over  
Approximate age: 0–6 months

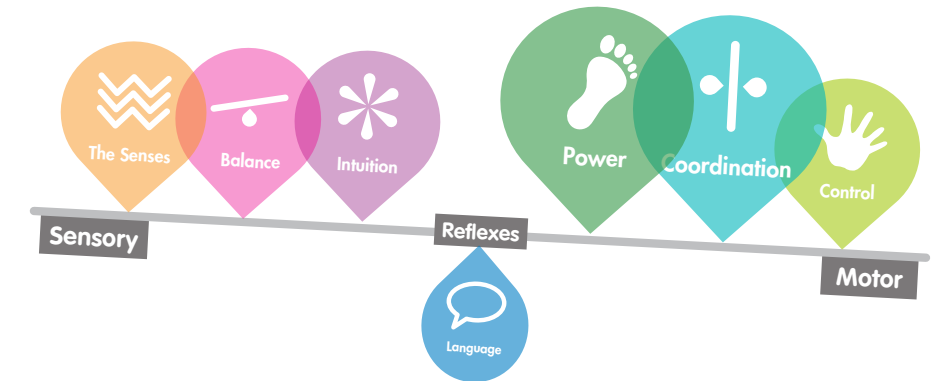
Infants learn about the world largely through sensory information. Balance development is also essential right from the start to serve as the foundation for current and future whole-body movement.



## Stompers

Running and jumping  
Approximate age: 20 months–3½ years

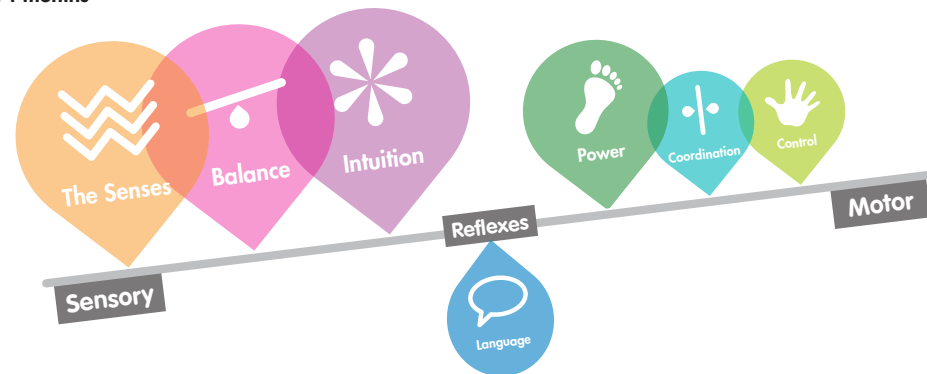
Stompers are picking up speed and endurance as they do more and more things on their own. Note how the scale now tilts to the motor side where whole-body coordination is emerging.



## Squigglers

Rocking, crawling, and sitting  
Approximate age: 6–14 months

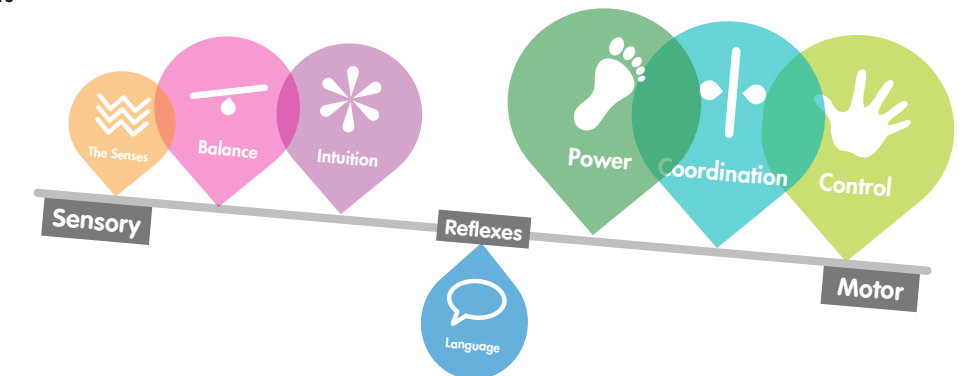
Squigglers continue to understand their world principally through their senses. Balance and intuition development accelerates as rolling, sitting independently, and crawling emerge.



## Scooters

Hopping and climbing  
Approximate age: 3–4 years

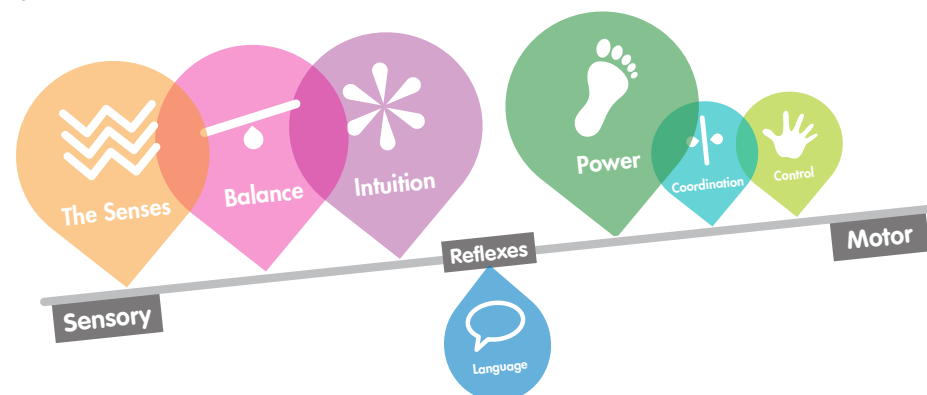
Big, whole-body movements are the jet fuel for this stage, building power in the muscles to climb ever-more-challenging movement mountains. And of course, with power comes the important need for more and more control.



## Scampers

Pulling up to walking  
Approximate age: 9–24 months

The senses now act even more as the fuel for movement, and movement as the fuel for the senses. Balance, intuition, and power are in full gear as baby works toward vertical—standing and walking.



## Skedaddlers

Skipping, leaping, cooperative games, and dance  
Approximate age: 4 years and older

The three motor physicalities are in full focus for skedaddlers, who are nearing the finish line of foundational movement development and achieving full automaticity.

