esitant to Homeschool? **ANSWERS TO** COMMON **OUESTIONS**

Jessica Solis Carpinelli Mandi McArthur

Hesitant to Homeschool?



Jessica Solis Carpinelli Mandi McArthur



Copyright © 2025 by Jessica Solis Carpinelli and Amanda McArthur

All rights reserved under International and Pan-American Copyright Conventions. Unless otherwise noted, no part of this book may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without express written permission of the publisher, except for brief quotations or critical reviews. For more information, go to freespirit.com/permissions.

Free Spirit, Free Spirit Publishing, and associated logos are trademarks and/or registered trademarks of Teacher Created Materials. A complete listing of our logos and trademarks is available at freespirit.com.

Library of Congress Cataloging-in-Publication Data

Names: Solis Carpinelli, Jessica, author. | McArthur, Mandi, author.

Title: Hesitant to homeschool? : answers to 20 common questions / by Jessica Solis Carpinelli and Mandi McArthur.

Description: Minneapolis, MN : Free Spirit Publishing, an imprint of Teacher Created Materials, Inc., 2025. | Includes bibliographical references.

Identifiers: LCCN 2024003415 (print) | LCCN 2024003416 (ebook) | ISBN 9798885546751 (paperback) | ISBN 9798885546744 (ebook) | ISBN 9798885546782 (epub)

- Subjects: LCSH: Home schooling--United States. | Education--Parent participation--United States.
- Classification: LCC LC40 .S548 2025 (print) | LCC LC40 (ebook) | DDC 371.04/20973--dc23/eng/20240227

LC record available at https://lccn.loc.gov/2024003415

LC ebook record available at https://lccn.loc.gov/2024003416

Free Spirit Publishing does not have control over or assume responsibility for author or third-party websites and their content. At the time of this book's publication, all facts and figures cited within are the most current available. All telephone numbers, addresses, and website URLs are accurate and active; all publications, organizations, websites, and other resources exist as described in this book; and all have been verified as of May 2024. If you find an error or believe that a resource listed here is not as described, please contact Free Spirit Publishing.

Permission is granted to reproduce the forms in this book for individual use only. Other photocopying or reproduction of these materials is strictly forbidden. For licensing and permissions information, contact the publisher.

Edited by Cathy Hernandez

Cover and interior design by Michelle Lee Lagerroos

Free Spirit Publishing

An imprint of Teacher Created Materials 9850 51st Avenue North, Suite 100 Minneapolis, MN 55442 (612) 338-2068 help4kids@freespirit.com freespirit.com

Contents

Introduction
Part I: I Want to Homeschool, but What If
1. What If I Don't Know the Content?8
2. What If I Don't Know How to Teach?
3. What If My Child Won't Learn from Me?
4. What If I Don't Have the Patience?42
50 5. What If I Don't Have the Space?
6. What If I Don't Know What to Do All Day?
7. What If I Can't Afford It?75
Part II: Missing Out
8. Will My Child Miss Out on the School Experience?82
92. Will My Child Miss Out on Community?
101 Will My Child Miss Out on Diversity?
11. Will My Child Miss Out on the Academic Classroom?
117. What Will I Miss Out on If I Homeschool?117
13. What Will We Miss Out on If We Don't Homeschool?



Part III: The Big Ones
14. What about Socialization?
15. Will My Child Fall Behind?145
16. What about College?
17. Can I Homeschool My Neurodivergent or Gifted Learner?161
18. What about the Naysayers?
19. Is It Possible to Work and Homeschool?
20. I'm Overwhelmed! How Do I Start Homeschooling?
Conclusion
Appendices
Quick Start Guide195
Glossary
References
index
Acknowledgments
About the Authors

Introduction



"The best and most beautiful things in the world cannot be seen nor even touched, but just felt in the heart."

-HELEN KELLER (QUOTING HER TEACHER, ANNE SULLIVAN)

Homeschooling is not simply an educational choice, it's a lifestyle that brings beauty and freedom to our lives. We cannot put our finger on one homeschooling element that we do or teach that makes it beautiful; it's all of it. It's the quiet and loud moments during the school day. It's the tears from frustrated math struggles, the regret of wasted time arguing, the shared spark of curiosity, the joy of progress, the heartfelt laughs at silly stories, the memory-making adventures, and the restoring of relationships after a storm—for both parents and children. For us, this beauty floods our homes because we live the whole day together. We have freedom to grapple with and celebrate the little lessons learned in partnership, freedom to make our own decisions with nearly every second of our day. It's amazing for us to get to spend as much time as we want with our children. We get to schedule what we want, when we want, for how busy we want to be. We get to customize the life and learning experiences our family desires.

From our blog, podcast, homeschool conventions, and dozens of Facebook groups, we hear many reasons why people are hesitant to homeschool. They like the idea, but they dismiss it for reasons that aren't always grounded in facts. In this book, we focus on twenty questions that we hear again and again. Whether you think you aren't capable, you believe your children will miss out on opportunities, or there are some big boulders you cannot fathom facing (like working full time), we say: do not let that get in the way of your family's dream life. So, we wrote this book for you: to empower you to make the choice that is right for you and your family.

This is what we want you to know.

Any loving parent *can* homeschool. The next twenty chapters will show you why *you* can. It may take time for you to research and develop your own unique homeschool path, you might need some extra support, or you may need to get creative with navigating schedules. We are here to show you that if you truly want to homeschool, you can do it.

It's true: you are capable of homeschooling. Like many endeavors, homeschooling takes work, perseverance, and—for some—big lifestyle changes (especially for single or working parents). A new responsibility can seem daunting and almost impossible. But we are here to tell you it's possible—and it's beautiful.

You've already done one of the hardest things a person can do: you became a parent. Let's begin by reminiscing about the early parenting years.

Did you parent a newborn? It was a huge lifestyle change! Jobs and careers were put on hold, transportation anywhere took twice as long, and emotional and physical energy were maxed out by lunchtime. Many of us had little or no prior experience changing diapers, nursing a bleary-eyed babe, or bathing a slippery infant. We had no experience functioning after multiple sleepless nights, dealing daily with the colic crying, and we had little patience for the constant drop of the pacifier. But now we can look back on that and say, "I did it!"

Did you parent a toddler? We did, and that was quite a challenge. It was full of joyous and hard moments. Our daily happenings included chasing the runner we could not catch and cleaning up spoonfuls of mashed avocado, not to mention dealing with our toddlers' inability to control inappropriate impulses. Among the electrical outlets, coffee tables, stairways, and sidewalks, the accident traps around every corner seemed overwhelming. But we did it. We made it through. Not only did we make it through, but our children are healthier, stronger, and felt loved because we were there. We have been guiding our children all along the way.

Did you parent a preteen or teenager? Are you in the midst of it right now? This is another major stage of parenting that might be difficult. It feels a bit like parenting a giant toddler all over again, but now we catch glimpses of the young adult they will soon become. Between the arguing and eye-rolling, we get to have deep conversations about life and relationships. We have opportunities to explain to our children the hard decisions they will one day face. The conversations change over time—the parenting styles may change as well—yet we still guide our children, love them, and support them as they continue to grow up.

It's likely that most of us have had to work at becoming the parents we are today. We experiment with what works for our unique children. We utilize instinctual tools and recommendations from books, articles, and friends. Most of us already teach the most important stuff: character, ethics, teamwork, responsibility, core beliefs, family traditions, and much more. We do this with unconditional love because we are the parents. We are the loving parents. Our children's hopes and dreams are our hopes and dreams. Our children's successes and joys bring us our greatest joys.

Our children, whether they are two, twelve, or twenty years old, will push back against our guidance when they want different things than we do. They make different choices than we would. But we still parent them, even when it's hard and we aren't sure of the right answer. We parent even when we fail; failure is an opportunity for growth. We learn and do better because of that. And we do it, not because we are all qualified in the psychology of parenting philosophies and studies, but because we love our children and we want what we think is best for them. And that is good enough.

Homeschooling can be just another aspect of your parenting. No one is a perfect parent all the time, nor will you be a perfect homeschooler all the time. When we think back on our own homeschooling experiences, we see failures and successes. The picture of success that immediately pops into Mandi's head is her three children wearing their pajamas, laughing together around the kitchen table, while toying with silly wording for stories they wrote. She remembers rejoicing with her youngest daughter when she wrote the alphabet in cursive for the first time after months of struggle. Jessica remembers the days of snuggling with her newborn son while reading aloud to her six-year-old and giggling over the silly way the Big Friendly Giant speaks. She thinks of the conversations in the car after listening to an audiobook on a family road trip. While those memories are wonderful, we have had hard moments too. Moments where we've all cried,

Introduction 3

especially during the times we made the mistake of forcing lessons when our children weren't ready or willing. Some days, we lose our patience over the smallest things and go to bed at night with regret. It's not all sunshine; we have gloomy moments too. But we gratefully take the rain if it means we get rainbows as well.

This is the foundation we rely on, and it is the foundation of this book. If you are considering homeschooling, you are considering parenting your child through their character development *and* their academics. You want to be there for all of it. We understand you have hesitations. "I don't know what I'm doing!" "How will they make friends?" "How will they be equipped with emotional intelligence?" "Will I survive being with my kids all day?" "I don't want to fail my children." "Do I know enough to teach my teens and prepare them for college?" We wrote this book to answer these tough questions and remove your hesitation, because the choice to homeschool your family can be a beautiful and effective one.

We know you have kids to raise, errands to run, and life to live. We wrote this practical guide with you in mind. Each chapter addresses one common concern and can be read on its own to answer your hesitation. You don't need to read this guide cover to cover. Review the table of contents and start with the chapters addressing your biggest hesitations. Then come back to additional chapters for answers to other questions you may have.

- Part I addresses you and your capabilities. We flip the script and show you the capabilities that you didn't know you have or will have. If you think you cannot homeschool because of your inexperience, educational level, personality, or budget—think again!
- Part II tackles the fear of missing out on traditional school opportunities and experiences. Many people have the fear-of-missing-out (FOMO) plague, but we have the cure with ideas for opportunities and memorymaking experiences that may feel like gifts to you, your children, and your family.
- Part III meets the major challenges families face when homeschooling. Making friends, getting into college, teaching unique learners, working full time while homeschooling, and finding community are some of the biggest

Hesitant to Homeschool?

concerns we consistently hear about. We dive in with stats and insights that can help you make the best decision for your family.

- A "can-do assessment" is available at the end of each chapter to help you evaluate your ability to homeschool. You don't need to check all the boxes. If you check off a couple of the items on the list, you can do this.
- In the Appendices, we help you with our Quick Start Guide, because you can do it! The Quick Start Guide provides six simple steps with ideas to help you begin your homeschool journey.
- Check out the glossary where we define homeschooling terms, such as *traditional schools, education,* and *deschooling*.

About Us

We are two veteran homeschool parents: Jessica is mom to a middle school daughter and elementary-age son, and Mandi is mom to two middle schoolers and an elementary-age daughter. Our past experiences and education have equipped us to write this guide, while our passions, struggles, and fun ideas have made it inspiring, honest, and practical.

Jessica left public school in seventh grade and was homeschooled until college. She knows firsthand how life-giving homeschooling can be—it gave her the ability to direct her educational future and the gift of time to pursue her passions in music and dance. She has worked with children for twenty years as a dance educator and has studied child development.

Mandi was a traditional school student throughout her entire formal education and thrived in that setting. As a former junior high school teacher, with a degree in school counseling and a master's degree in education, she understands the enriching experiences that can be offered in the traditional school environment.

We first met when our little girls danced together when they were almost three years old. As families, we connected through our shared passion for homeschooling. Currently, we partner together as co-authors, podcasters, and consultants for all things homeschooling. Together we have led a homeschool group of up to eighteen families for six years. Both of us have homeschooled

5

our children by choice and with gratitude. The two of us together represent the knowledge and experience needed to approach this guide with balance and expertise.

Along with some helpful research, we share our adventures and others' experiences, lessons learned, and wisdom from our homeschooling journeys. Though we conceived, outlined, and edited this book together, most chapters were written by one or the other of us and reflect that person's point of view. We name the author at the beginning of each chapter. We both write with the same hope and conviction.

We love homeschooling our children and have experienced the wonder and struggle, the joy and difficulty, and the fun and freedom that it has to offer. We want the same for you.

Hesitant to Homeschool?



I Want to Homeschool, but What If ...

"Two roads diverged in a wood, and I— I took the one less traveled by, And that has made all the difference."

-ROBERT FROST

"I want to homeschool, but . . ." There are many ways people complete this sentence. Feeling inadequate or ill-equipped is a challenge. Making a change is hard. Doing something that feels against the grain is scary. Maybe a small nudge, a little reframing, and some evidence to the contrary can provide the answers you need to feel confident to homeschool. In part I, we want to eliminate

common capability concerns to make homeschooling more accessible to all. If you can find your confidence to take that first step, you might just embark on the adventure you have only dreamed about.





7

Chapter 1

I Want to Homeschool, but What If I Don't Know the Content?



MANDI

"I want to homeschool, but I don't know the content." Let this sink in: you don't need to know the content. Doesn't make sense, does it? Knowing the content of what you are teaching *seems* like a super important element for educating your children, but this chapter is about shifting your mindset.

Have you ever said, "I have no idea what that means"? "How do I do an experiment?" "Does *i* come before *e* or the other way around?" Almost all of us have asked questions like these—and for some of us, this lack of knowledge makes us hesitant to homeschool. If this is you, keep reading.

We propose a mindset shift: You don't need to know the content before you teach it. With homeschooling, you can learn at the same time as your children. But we understand—teaching something you don't know much about can be scary.

Last year, when I was teaching the history of ancient civilizations to my kids, I had a huge light-bulb moment. Who knew that Mesopotamia and Ancient Egypt were completely different places? Not me! I thought they were the exact same location and the difference was that one simply preceded the other in time. I realized my error quickly as I read the script provided by our curriculum. My kids' eyes bulged, and we all chuckled at my bewilderment. Our camaraderie grew in that moment as I learned with them. Being educators doesn't mean knowing

everything; it's a part of the parenting journey to help children learn how to learn and to enjoy learning together. That may be one of the most exciting parts of homeschooling!

Here's what you need to remember: no one has all the answers . . . not even the experts. When I was teaching junior high at a traditional school, I was in a continual state of learning my subjects. I was quite embarrassed when one of my eighth grade students asked, "Why are you reading the poster?" It was because I did not know the eight parts of speech by memory. There was a lot to know, and I told her so.

Most educators are in the same boat—even the trained, experienced ones. In addition, it can be difficult to teach the content while also helping children learn how to think and how to learn. It's good for our children and it's good for us to develop thinking skills, but it's hard to know what those are sometimes. But there are tools to help. It's important to keep in mind that every type of professional is constantly learning and relies on tools for their trade. There are three tools almost every professional teacher and homeschool parent use to educate students or their own children when it comes to content and knowing the subject: curriculum, enrichment, and personal experiences.

Let's start off with what almost every educator uses, whether they are in a classroom-based school or home school: curriculum.

Helpful Tool #1: Curriculum

Curriculum is basically what we teach our children, which includes planned educational lessons and activities. It's a collection of information found in books, media, experiences, and activities related to a subject that aid in teaching students important skills and knowledge over a length of time. Curriculum study plans can span a week, a month, a year, and even longer. Some curriculum includes formal assessments, but we can also informally assess our children's understanding of those subjects. Curriculum can be faith-based or secular, online or print, and can align with a variety of educational philosophies or approaches.

Types of Curriculum Content

The following types of curriculum show the wide range of options available to homeschoolers. Choices include deciding between faith-based and secular content, grade-based and mastery-based levels, comprehensive study or a singular focus, and project-based or problem-solving activities.

- Faith-based content—curriculum that includes content centered around a faith-based worldview.
- Secular content—curriculum that includes content centered around a secular worldview.
- Grade-level—curriculum that is labeled with a grade level and includes content typical for the indicated level based on educational standards.
- Mastery-based—curriculum that is focused on mastering a specific set of skills or information and is not labeled for a specific grade level.
- Comprehensive—curriculum that is comprehensive in its coverage of a subject.
- Singular focus and exposure—curriculum that provides exposure to a singular topic within a subject.
- Project-based activities—curriculum that focuses on learning content through working on a project to complete a final product.
- Problem-based activities—curriculum where learners primarily solve stand-alone problems using worksheets.

Curriculum Components and Packaging

Curriculum can be packaged differently depending on its objectives.

• Boxed/all-in-one curriculum—this curriculum comes in a single box, including all the core academic subjects for a grade level delivered through textbooks, workbooks, assessment booklets, and reference or enrichment books. Sometimes this is referred to as an "open-and-go" curriculum, if it provides everything you need in one curriculum and you do not need to prepare ahead of time to present the material.