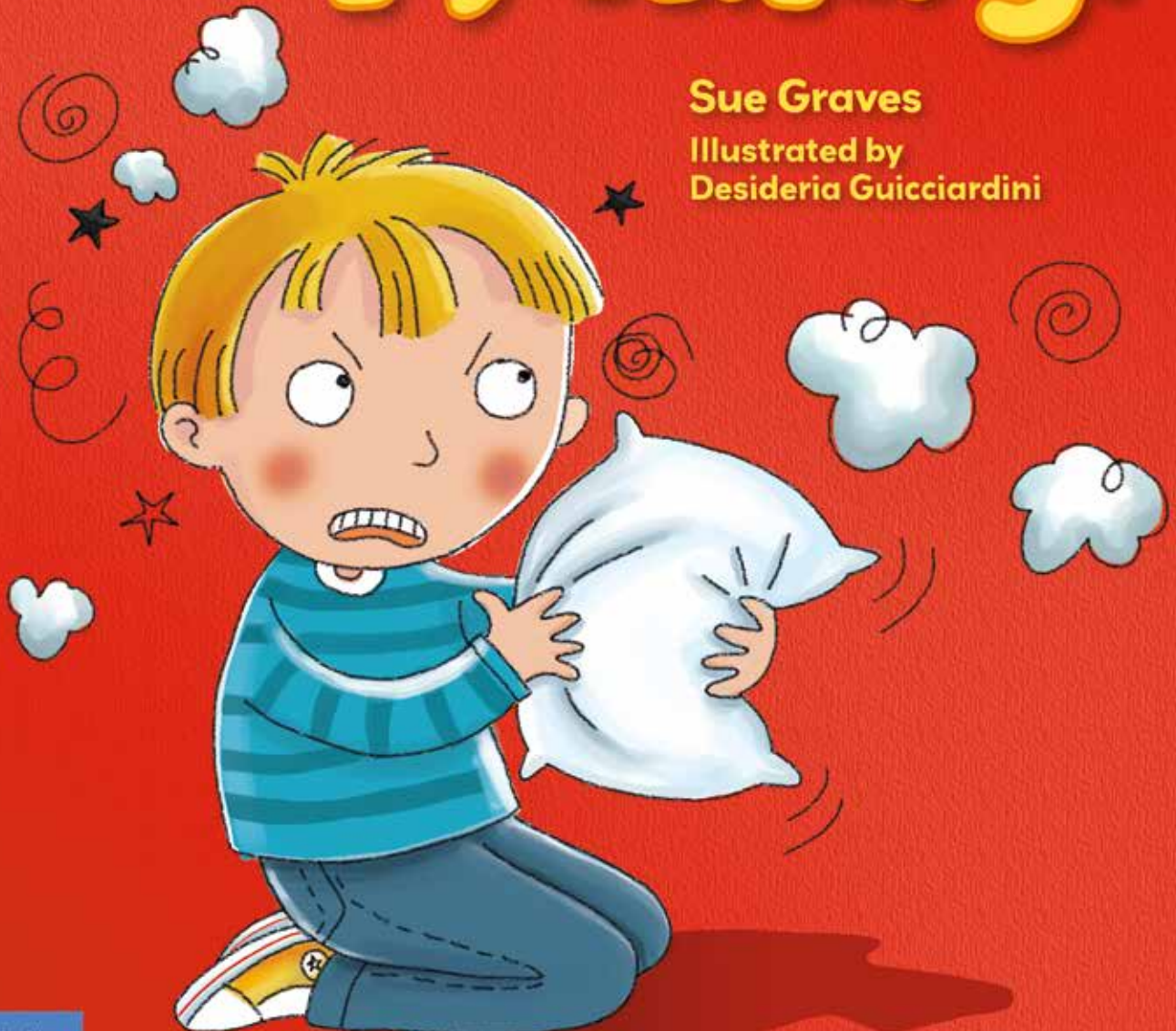




# I Hate Everything!

Sue Graves

Illustrated by  
Desideria Guicciardini





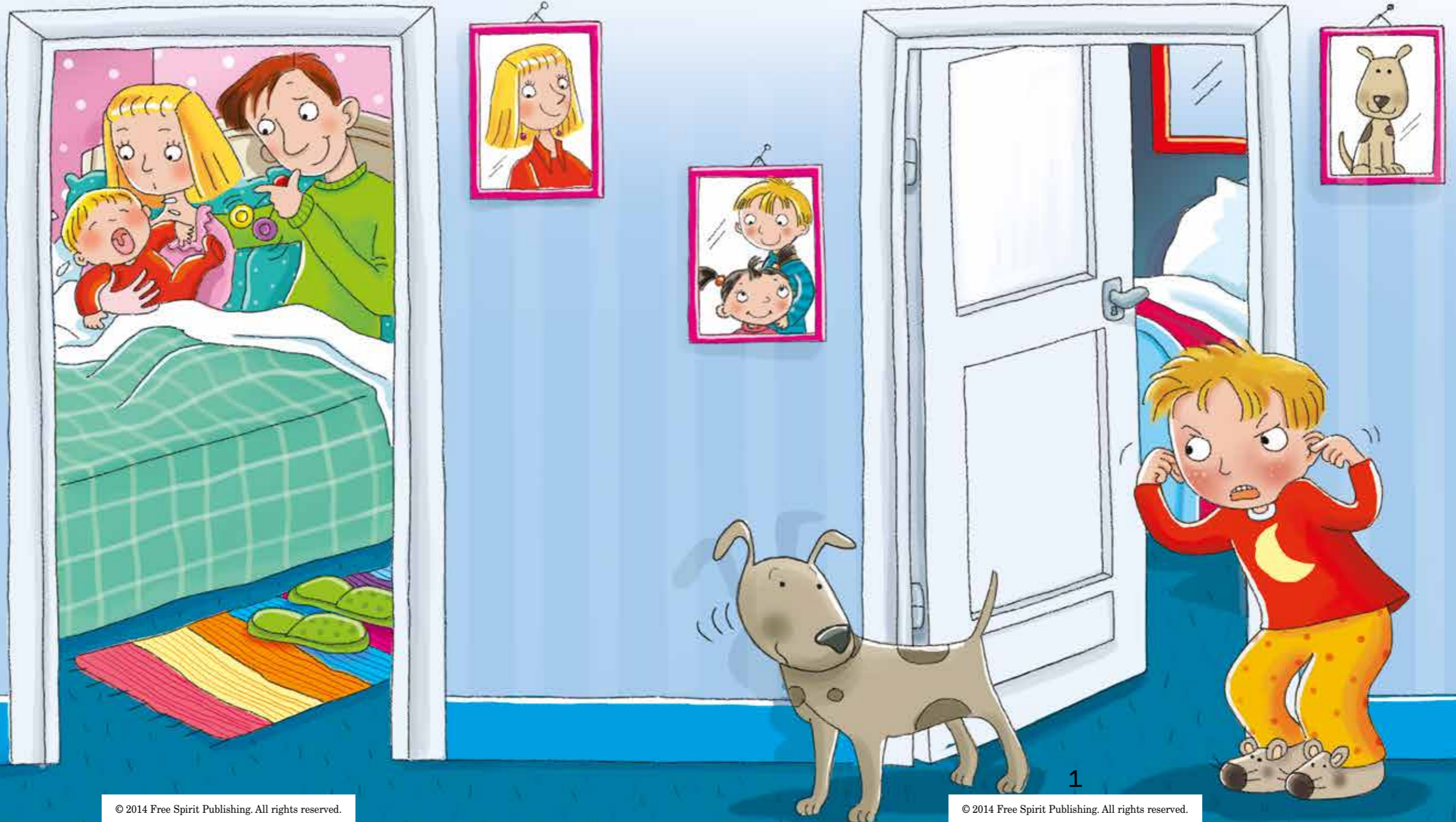
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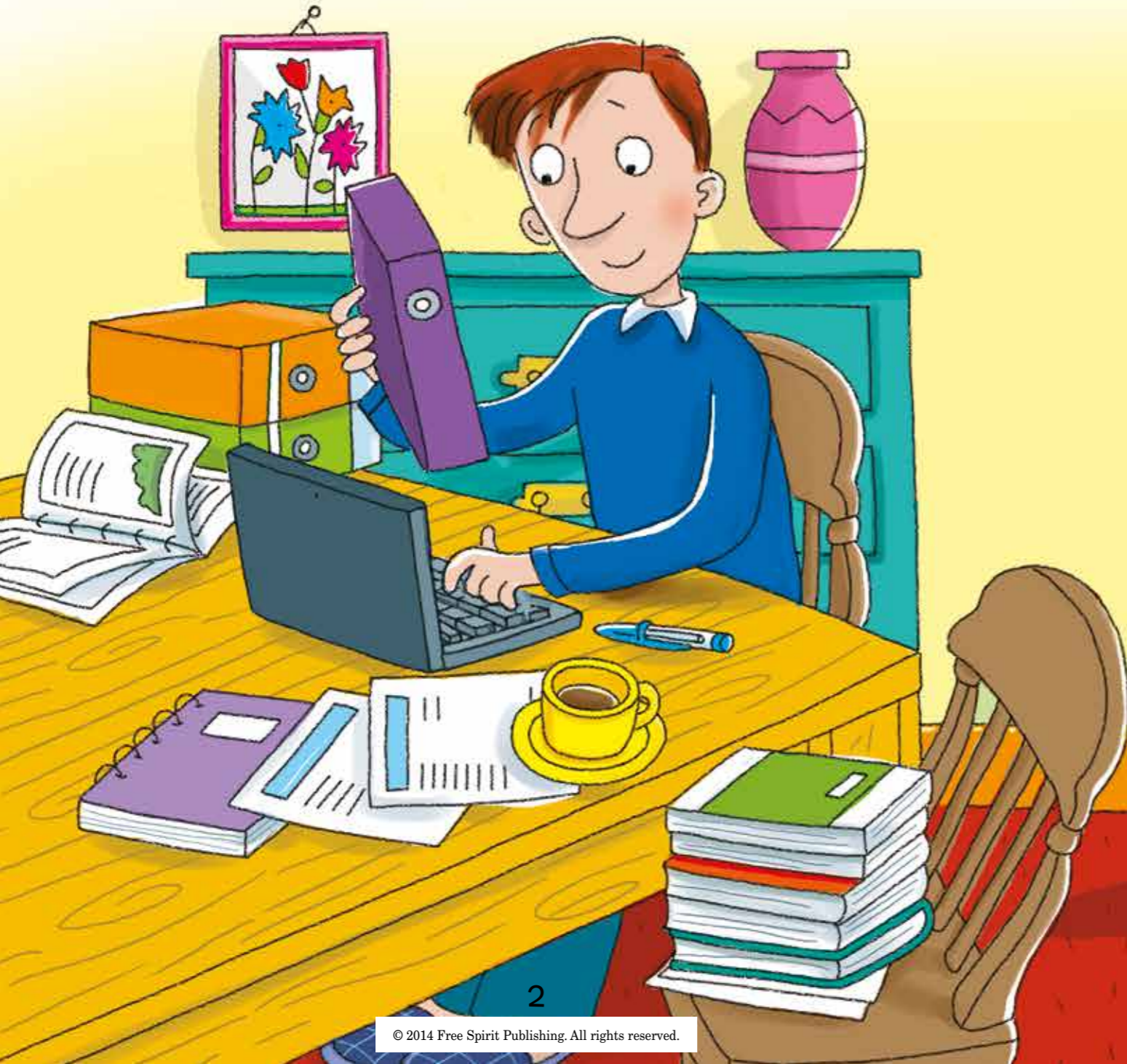


Last night, Sam couldn't sleep because Charlie was **crying**.

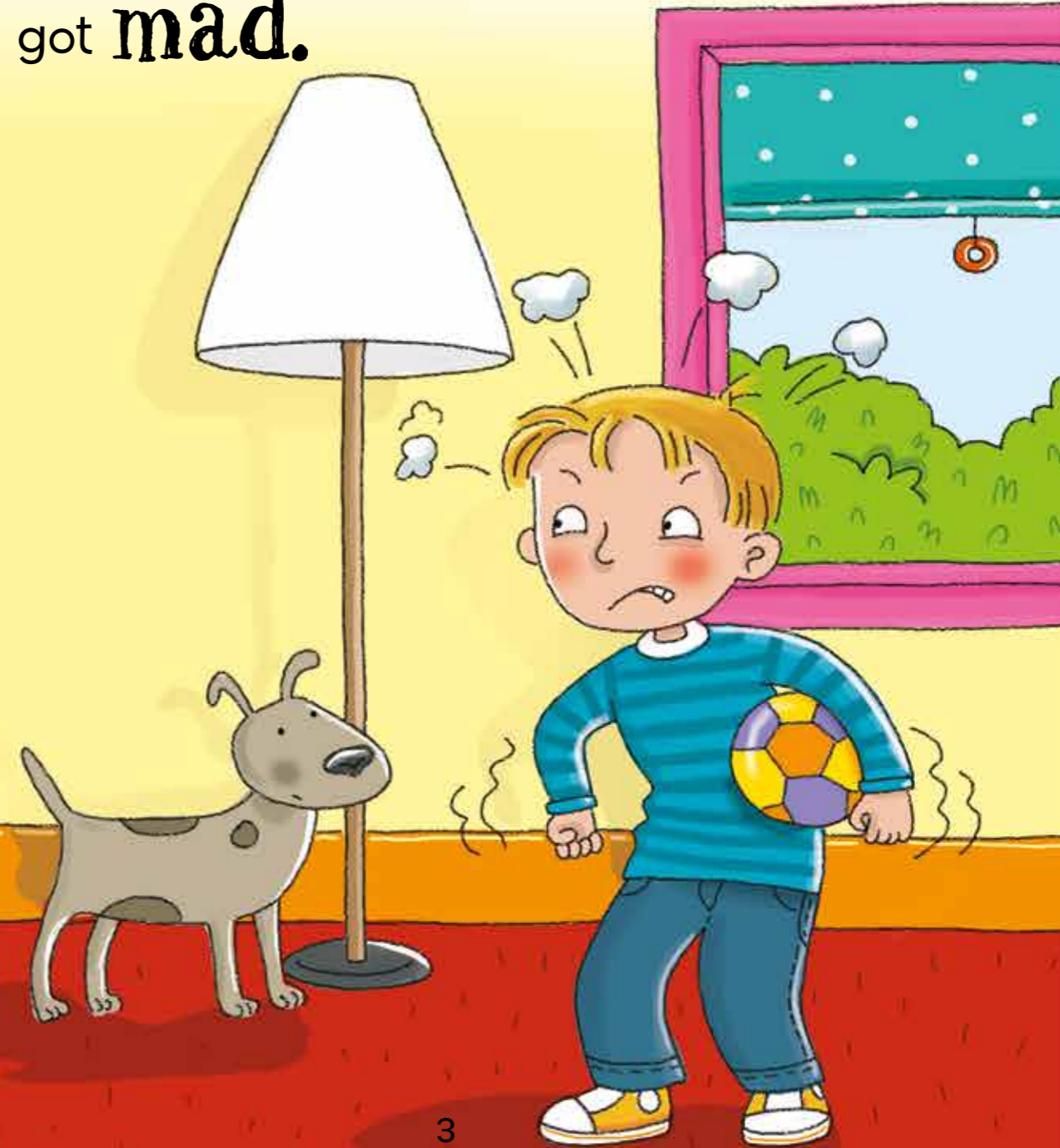
Sam got mad. He **hated** it when Charlie cried.



In the morning, Sam wanted to play soccer with Dad. But Dad was **busy**.



Dad said he would play later. Sam wanted Dad to play **now**. He got **mad**.





## A note about sharing this book

The **Our Emotions and Behavior** series has been developed to provide a starting point for further discussion about children's feelings and behavior, in relation both to themselves and to other people.

### ***I Hate Everything!***

This story explores in a reassuring way some typical situations that people dislike. It demonstrates how to cope in such situations and how to interact successfully with others.

The book aims to encourage children to have a developing awareness of behavioral expectations in different settings. It also invites children to begin to consider the consequences of their words and actions for themselves and others.

### **Picture story**

The picture story on pages 22 and 23 provides an opportunity for speaking and listening. Children are encouraged to tell the story illustrated in the panels: Owen thinks he hates having his hair cut, and he makes a big fuss. When he arrives at the salon, he is diverted by the idea of driving the car. In the end, he is pleasantly surprised to find that having a haircut can, in fact, be a fun experience.

### **How to use the book**

The book is designed for adults to share with either an individual child or a group of children, and as a starting point for discussion.

The book also provides visual support and repeated words and phrases to build confidence in children who are starting to read on their own.

### **Before reading the story**

Choose a time to read when you and the children are relaxed and have time to share the story.



### **After reading, talk about the book with the children**

- What was it about? What things do the children “hate”? How do they cope when they have to deal with something they don't enjoy? Encourage the children to talk about their experiences.
- Do the children dislike some similar things? Examples might be having to go to bed on time or having to eat all their vegetables. Encourage the children to talk not only about why they don't like doing these things, but also about why it is important that they do them.
- Extend this discussion by talking about other things that children “hate,” such as trying new foods or new experiences. Have the children ever tried something and then changed their opinion? Point out that it is a good idea always to try something rather than decide that they hate it.
- Spend time talking to the children about other words they might use instead of *hate* when describing situations they dislike. Examples might be feeling annoyed at having to clean their bedrooms or having to entertain a younger brother or sister. They may feel afraid of dark places or uncomfortable or anxious around snakes or bees. Encourage the children to use new words to describe their feelings.
- Look at the end of the story again. Sam felt much happier when he laughed about being found first in “Hide and Seek” instead of getting angry. Why do the children think Sam felt happier with this new attitude?
- Look at the picture story. Ask the children to tell the story in their own words. Why do they think Owen didn't want to have his hair cut? Do the children think he enjoyed the experience after all? Do they think he felt more comfortable after his haircut than before? Why? Do the children like having their hair cut? Why or why not? Again, encourage the children to talk about their own experiences.
- Ask the children to draw something they dislike and something they like very much. Encourage them to talk about their drawings during group time. Encourage them also to tell the others the strategies they employ to help them when they feel angry about something.



Spend time looking at the illustrations and discussing what the book may be about before reading it together.